

Guidelines – Working at height

PCFC- Entity (Business Unit) Name	:	Trakhees (Dept. of Planning & Development)
Department Name	:	Civil Engineering Department (CED)
Section Name	:	Inspection & Compliance (Construction Safety)
Document Reference Number	:	PCFC-TRK-CED-CS-G18
Revision Number	:	02
Revision Date	:	January 2019
Classification	:	Public

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<p style="text-align: center;">RISK ASSESSMENT / PERMIT TO WORK</p> <ul style="list-style-type: none"> • Ensure that Risk Assessment (RA) & Method Statement have been completed prior to carrying out the work at height. • Hazards involved and safety precautions to be taken shall be communicated to workers involved in working at height. • In special cases ensure that permit to work is obtained prior to starting the work at height. • Follow hierarchy of controls in Trakhees-Regulations & Standards. 	<p style="text-align: center;">SAFE WORK PRACTICES</p> <ul style="list-style-type: none"> • Ensure that proper safety arrangements have been made for working at height. • Ensure all the control measures identified in the Risk Assessment (RA) are implemented at site & safe work practices are followed. • Provide life line where proper platform cannot be provided. • Cordon off the area where work at height is carried out & provide warning signage. • Construct work platforms as per the guidelines given under Chapter 8 of DM Code of Construction. 	<p style="text-align: center;">TRAINING</p> <ul style="list-style-type: none"> • Working at height shall be carried out by experienced & trained workers. • Record of induction training & tool box talks shall be maintained. • If new person is appointed they shall carry out work under the supervision of an experienced worker. • Medically unfit persons must not be engaged to work at height. • Training in use of safety harness should be given to workers.
		
<p style="text-align: center;">USE PPE & DISPLAY NOTICES</p> <ul style="list-style-type: none"> • It is a responsibility of the main contractor to issue required PPE to all the workers. • If proper working platforms cannot be provided, use full body harness having attachment of fall arresting device. • Display notices in languages easily understood by workers. 	<p style="text-align: center;">EMERGENCY ARRANGEMENTS</p> <ul style="list-style-type: none"> • Risk Assessment must detail emergency procedures including rescue of any person suspended by their safety harness within 10 minutes. • Display names & contact numbers of the persons to be contacted in case of an emergency. 	<p style="text-align: center;">USE OF EQUIPMENT & TESTING</p> <ul style="list-style-type: none"> • Equipment such as hydraulic lifters or scissor lifts should be utilized where there is a space constraint. • Equipment like temporary suspended working platform (cradle) shall be tested through a Trakhees Approved third party.